

## BOOKz, COOKz, NOOKz

Vol. I Issue 10

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# ***1. Editorial***

We are living in difficult times and the repercussions, aftershocks and secondary effects from COVID-19 and Trumpism seem to be endless.

Trump gave us a constant flow of lies, disinformation, fake news, insults and threats. It was done so much, so often and so blatantly, the media became conditioned and brainwashed not just in reporting it but soon to parroting it. Journalists began mimicking the Trump mode. They became increasingly critical, sometimes bordering on being offensive themselves. Fact checking, de rigeur in past journalism, was now given a pass more and more frequently.

Trump's operational mode has entered social relationships. People push personal views passionately giving compromise a wide pass. Looking for a common ground is a thing of the past. Worse though, people show an increasing disregard for respect, respect for authority, respect for superiors, respect for institutions.

The malignancy of Trumpism has spread as widely and broadly as has COVID-19. Exaggeration, bending of the truth, sweeping generalization without factual basis, offense and insult, unfortunately, are becoming increasingly acceptable ways of interaction in our society.

The result of Trumpism is increased aggression, increased violence, decreased tolerance and more energized promotion of self-indulgence in social interaction. People display anger more readily and more quickly than ever before. Our society is becoming less tolerant and more polarizing. We isolate and bully more and more people, the aged, the mentally and physically challenged, the ill and drug addicted, the homeless.

We are becoming an increasingly insensitive and intolerant society.

But the "good" cannot be eradicated from humanity. We still have people who donate, volunteer and work for the benefit of their fellow humanity. Thank goodness.

It is crucial that we do some introspection asking ourselves where we stand in relation to supporting and affecting the 'good' in our world. Ask yourself, how you can compromise, not resist it; how you can respect authority, not assert your personal independence; how you can cooperate and support society, not push and promote your personal rights and believed entitlement.

We can all benefit from joining together rather than asserting our individual superiority.

## ***2. METRO POLICE OFFICER: Today and Yesterday***



**9mm Glock**  
**15 40-calibre rounds**  
**TASER**  
**PEPPER SPRAY**

**BILLY STICK**  
**HELMET**

**EXPANDABLE BATON**  
**HANDCUFFS**  
**PORTABLE RADIO**  
**BODY CAM**  
**RUBBER GLOVES**  
**KEVLAR VEST**  
**BASEBALL CAP?**

Source: Brian Ward, young adult author, MTP retired

### ***3. WRITERS WE RECOMMEND:***



***Ruth Coghill:***  
***an international speaker and published author***

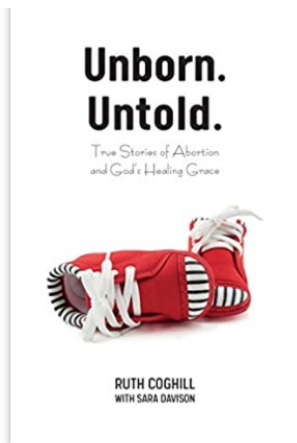
***Ruth Coghill*** is an international speaker, a published author and founder of ***Words To Inspire: Lifelong Empowerment From God's Word***, a ministry that encourages others to read, study, memorize and apply the scriptures. Her passion has led her to develop the ***WOW***

***Bible study series***, four lesson guides for the time-constrained woman.

Ruth is a retired elementary school teacher and has been a Bible study teacher/speaker for over 30 years. She is married to Bob and they have four adult children and thirteen grandchildren.



In 2019, Ruth partnered with Sara Davison to compile a collection of life altering narratives written by over fifteen contributors. The result is ***Unborn, Untold: True Stories of Abortion and God's Healing Grace***.



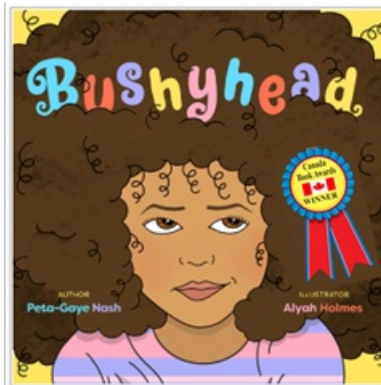
“*Unborn. Untold.*” is Coghill’s social commentary relating to the unborn for whom she has written an emotional and sensitive book.

Currently, Ruth is writing the fourth study in her ***WOW Bible study***

**series**, called Woman of Worship. This newest study is the culmination of the series, ***Woman of Worth, Woman of the Word, Woman of Wisdom.***

For book purchasing details, click: [WEBSITE](#)

## ***Peta-Gaye Nash***



### ***Peta-Gaye Nash:*** ***an award winning Canadian author***

Peta-Gaye Nash is a Canadian award-winning author of children's books and adult fiction, "I too Hear the Drums." Peta-Gaye is a veritable multitasking dynamo: a teacher, English-as-a-Second-Language instructor to newcomers to Canada; married, a mother; a website publisher, [www.petagayenash.com](http://www.petagayenash.com). Currently, she is writing her seventh children's book and her initial fore into the adult books world.

***Bushyhead*** is the story of a young girl, Miranda May, who is teased at school because of her bushy hair. She wishes she had different hair. Her mother takes her to a children's hospital where the children in the ward have no hair. The story is a

gentle introduction to the topic of compassion, self-esteem, black hair pride, looking for solutions that help others, and cancer and hair loss.

To access her website, click: [NASH](#)

## **Kathleen Gauer**



### ***Kathleen Gauer:***

***an acclaimed award winning writer of children's books***

### ***THE WISH CARVERS***

by Kathleen Gauer, illustrated by Sari Richter

*The Wish Carvers* received a 5-Star - Highly Recommended - Review in CM: Canadian Review of Materials. “The Wish Carvers will be a well-enjoyed addition to storybook collections.” Read the full review at <https://www.cmreviews.ca/node/1434>. Signed copies are available from <https://skippingstonepress.net>, or you can order copies from Amazon and other locations worldwide. Ask for this title at your local library. Reviews are always welcome!

Click the link at: [GAUER](#)



## ***From “Rag Dolls” to ‘Christmas richness...’***

Sheila E. Tucker, award winning writer of ***Rag Dolls and Rage***, has now begun writing children’s books under now has a pen name: S.E. Tee

She also has a new book about to be published (by Tamarind Tree Press) under this new pen name. It is titled *On A Higher Hill: A Christmas Story* and it's for children aged 3 to 7 years of age.

In it, a child becomes lost in the forest, and then meets Santa. After a sleigh ride in the sky, up to a special star and then down, they arrive in Bethlehem, where the child sees the newborn Jesus in the manger. Then it is Christmas morning and the child awakes at home in bed. it was a dream. A lovely dream.

*On A Higher Hill* also contains an easy-to-follow factual history of Jesus, Mary, and Joseph, and another page relating to Santa Claus and all his other names, such as Father Christmas in the UK, and discusses the real Saint Nicholas who was born 1800 years ago and enjoyed helping others and giving gifts.

At the front of the book is a page with a blank "letter" for the giver to



write a note to the young recipient of the book before wrapping it or adding to a Christmas stocking. This book will become a keepsake for the child, with the loving letter always inside.


Click the link at: [\*\*TUCKER\*\*](#)

#### ***4. Digital Dynamos***

This new section of the newsletter highlights computer programs which we feel are dynamite in value to computer users. They help increase efficiency, productivity and reduce repetitive procedures.

##### ***Briskine***

*Briskine* is a Gmail (Chrome) extension that makes writing email replies much easier, faster and eliminates repeated duplication of message texts.

One types the text needed for replies and saves it in *Briskine*  with an appropriate word or short phrase for recollection. Save the template and you never have to type the text manually in future replies. Click two times on specific points and presto, entire textual response is inserted.

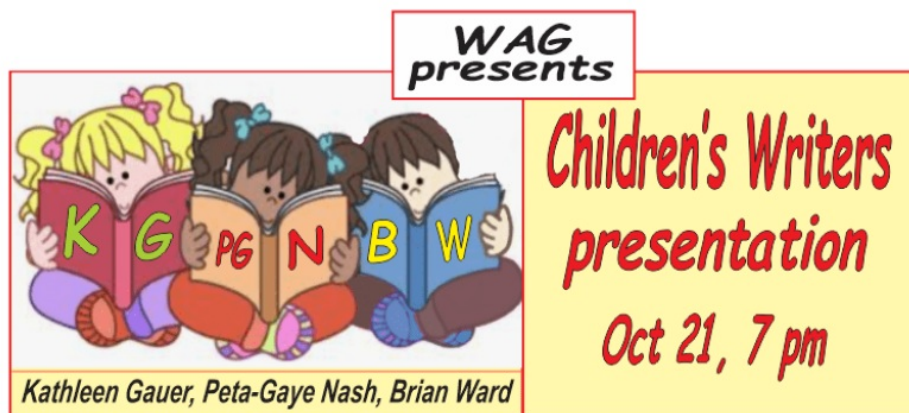
##### ***Notezilla***

I have touted *Notezilla* as a quick notemaking application for a few years. Even after testing and comparing to many other notemakers, none compare with the versatility and facility of *Notezilla*. It does

what the others do, saving to category locations, formatting and highlighting facility, search and tagging. However, *Notezilla* takes notemaking to new heights with its great feature, the capability of sticking the note to a website page so that whenever that page is recalled, the note re-appears. A wonderful feature if one is a writer, does a lot of research and wants to recall something about the particular website. The initial cost of *Notezilla* is high but drops to half after the first year making it very competitively priced. It is an outstandingly useful application for researchers and writers.

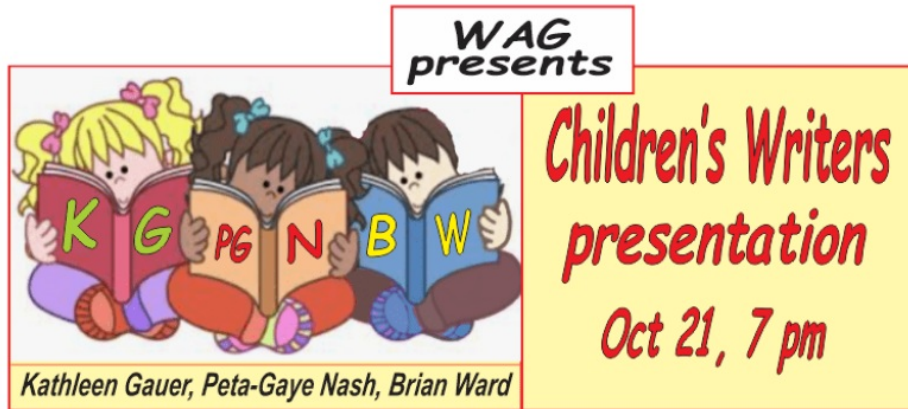
## ***5. Special and Upcoming Events***

### **OCT 21 CHILDREN'S BOOKS AUTHORS PANEL DISCUSSION**



An event for writers, particularly those who write for children and young adults. A panel of experienced and published authors will discuss various aspects of writing for children and young adults as well as writing in general.

**Register** for this ZOOM event by email to: [zippyonego@gmail.com](mailto:zippyonego@gmail.com)



**OCT 21 Virtual Meeting:** *Children's Book Writers Panel discussion*